

WEEK 5: Agony in a Garden: The King Who Sweats Blood

GROUP DISCUSSION GUIDE

PREPARE

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If you missed the weekend message or want to review specific points, you can always watch, listen, and find bulletin notes online at marinerschurch.org/messages.

MAIN POINT

In Gethsemane, Jesus is filled with anguish, so much so that He sweats drops of blood. He understands our moments of pain from betrayal and internal anguish—as His sleepy disciples would quickly scatter—and He was overwhelmed by what was in front of Him. But He obeyed the Father, crying out, “Not my will but Yours.” His obedience becomes ours when we believe in Him.

LEAN IN BREAK THE ICE

When you have had a really hard time in life—either a single tragic event or a longer, difficult season—who did you run to for help? How did that person or those people love and care for you?

LOOK DOWN LOOK AT GOD'S WORD

Read Matthew 26:36-46.

Who did Jesus take with Him to the Garden of Gethsemane, and what did He ask them to do?

How does Jesus feel in this passage? What is He asking His Father to do for Him in His prayer in verse 39?

What does Jesus tell God the Father in verse 42? What does this say about Jesus and His obedience?

LOOK OUT
IDENTIFY THE
RELEVANCE OF GOD'S
WORD IN THE WORLD

What are the most common ways we handle suffering and deep sadness in our culture? Avoidance? Distraction? Denial?

Why does it sometimes feel like it is a sign of weakness to submit to God's will rather than trying to solve all of our problems ourselves?

What does it look like to persevere and endure in a culture that prizes comfort above almost everything?

LOOK IN
APPLY GOD'S WORD
TO YOUR LIFE

In what ways are you currently avoiding God or resisting His will because you fear that following Him may be too costly?

How might we bring our honest, deep anguish and sadness before God like Jesus did?

What would it mean in your life to sincerely pray to God the Father, "Not my will, but yours?" How would that affect your life?