

# WEEK 3: LOOKS ARE FLEETING NOT “LOVE AT FIRST SIGHT”

## GROUP DISCUSSION GUIDE

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### PREPARE

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### MAIN POINT

The world uses phrases like “love at first sight” and “love is a feeling.” But beauty is fleeting, and love is not a feeling; love is a commitment. The end of the book of Proverbs celebrates a woman who fears the Lord, whose husband praises her. The chapter has been wrongly referred to as “the Proverbs 31 woman,” as if the man is not addressed. But in the chapter, we see the qualities of a Proverbs 31 woman and a Proverbs 31 man—the qualities that outlast physical beauty and serve as a steady foundation for a relationship. The woman is trustworthy (v. 11), hardworking (v. 17), compassionate (v. 20), and wise (v. 26). The man is also wise (v. 4), trusting (v. 11), respected for his integrity (v. 23), encouraging (v. 29), and compassionate toward those without a voice (v. 9). Their partnership grows because it is built on more than looks.

### LEAN IN BREAK THE ICE

**What’s a funny or quirky “first impression” story you’ve experienced (that turned out to be wrong)?**

### LOOK DOWN LOOK AT GOD’S WORD

Read Proverbs 31:10-31

10 Who can find a wife of noble character? She is far more precious than jewels.

11 The heart of her husband trusts in her, and he will not lack anything good.

12 She rewards him with good, not evil, all the days of her life.

13 She selects wool and flax and works with willing hands.

14 She is like the merchant ships, bringing her food from far away.

15 She rises while it is still night and provides food for her household and portions for her female servants.

16 She evaluates a field and buys it; she plants a vineyard with her earnings.

17 She draws on her strength and reveals that her arms are strong.

18 She sees that her profits are good, and her lamp never goes out at night.

19 She extends her hands to the spinning staff, and her hands hold the spindle.

20 Her hands reach out to the poor, and she extends her hands to the needy.

21 She is not afraid for her household when it snows, for all in her household are doubly clothed.

22 She makes her own bed coverings; her clothing is fine linen and purple.

23 Her husband is known at the city gates, where he sits among the elders of the land.

24 She makes and sells linen garments; she delivers belts to the merchants.

25 Strength and honor are her clothing, and she can laugh at the time to come.

26 Her mouth speaks wisdom, and loving instruction is on her tongue.

27 She watches over the activities of her household and is never idle.

28 Her children rise up and call her blessed; her husband also praises her:

29 “Many women have done noble deeds, but you surpass them all!”

30 Charm is deceptive and beauty is fleeting, but a woman who fears the LORD will be praised.

31 Give her the reward of her labor, and let her works praise her at the city gates.

**Read Proverbs 31:10-31 aloud. How would you summarize that passage in your own words?**

**What qualities of the woman are highlighted in Proverbs 31:10-31? Which stand out most to you?**

**What responsibilities are listed for the man in Proverbs 31:10-31?**

LOOK OUT  
IDENTIFY THE  
RELEVANCE OF  
GOD’S WORD IN  
THE WORLD

**Our culture emphasizes beauty, attraction, and “chemistry.”  
How do you see that shaping relationships today?**

**What messages do movies, music, and social media send about what makes a person “worthy” of love?**

**How might society be different if more people valued character qualities (like integrity, compassion, or wisdom) over physical appearance?**

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**LOOK IN  
APPLY GOD'S  
WORD TO YOUR  
LIFE**

**Which qualities listed in Proverbs 31 do you most admire, and how can you grow in one of them?**

**Are you more prone to evaluate people by their appearance or by their character? Why?**

**In what ways can we encourage and honor the godly character we see in our spouse, family, or friends?**