



WEEK 2: PRAY THIS WAY

GROUP DISCUSSION GUIDE

PREPARE

Listen and subscribe to the Mariners Life Group Leader Podcast.

If you missed the weekend message or want to review specific points, you can always watch, listen, and find bulletin notes online at marinerschurch.org/messages.

MAIN POINT

Jesus gave us an example prayer, not as something to merely recite, but as a way to teach us how to pray. A simple acronym can be helpful: PRAY. Praise, Repent, Ask, Yield. Praise God for who He is (Your name is holy), Repent of sins (forgive us our sins), Ask Him for His blessing (give us our daily bread), and Yield to His Kingdom (Your kingdom come, lead us not into temptation).

LEAN IN BREAK THE ICE

What's your go-to Karaoke song?

LOOK DOWN LOOK AT GOD'S WORD

Read Matthew 6:9-13

9 "Therefore, you should pray like this:
Our Father in heaven,
your name be honored as holy.
10 Your kingdom come.
Your will be done
on earth as it is in heaven.

11 Give us today our daily bread.
12 And forgive us our debts,
as we also have forgiven our debtors.
13 And do not bring us into temptation,
but deliver us from the evil one.

What stands out about the beginning part of prayer? What does Jesus include in His model prayer? What is significant about the order?

What do you learn about the model and values of prayer from the passage?

LOOK OUT
IDENTIFY THE
RELEVANCE OF GOD'S
WORD IN THE WORLD

What does it look like when our prayers become too formulaic?

What are the most common times and places that people pray? (situations, seasons, etc.)

What is the true purpose of prayer?

LOOK IN
APPLY GOD'S WORD
TO YOUR LIFE

In his message, Eric gave a helpful acronym, the same one used in Rooted, as a way to P.R.A.Y.

Praise (6:9)

Repent (6:12)

Ask (6:9b-11)

Yield (6:13)

How can you incorporate this model of P.R.A.Y.?

How would praying with this model change your prayer life?

What would yielding look like this week?