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MARINERS CHURCH | APRIL 2024

### NEXT STEPS

THE PRE-MARRIAGE COURSE ONE-DAY | APR 27



WOMEN'S NIGHT
WITH CHRISTINE CAINE
• APR 24 •



MARRIAGE MATTERS
• MAY 18 •



## **Just Asking**

Spend your next date night asking these questions to help cultivate an emotionally intimate date experience

- What do you need more of from me
- What are you still hoping to accomplish this year?
- What three words describe what you are most grateful for?
- How do you like to receive care?
- What keeps you awake at night?
- What is something not many people know about you?
- What kind of adventure would you like to go on?

# "What would you do if..?"

Talk it out and ask!

- ~ You can have superpowers for a day
- You could change something about your personality
- ~ You receive a present you do not like
- ~ You can bring one item with you on a deserted island
- ~ You can choose your next-door neighbor
- ~ You can have dinner with any three people
- You can have a shopping spree in any store
- ~ You can plan your next birthday party
- You can have any view outside your bedroom window

# • Tuesday Talk •

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## One Minute Marriage Challenge!

Rx Prescription for increasing emotional intimacy:

Spend <u>10 minutes a day</u> having quality conversation.

Schedule it. Do it. Make it happen.

contact our team at marriage@marinerschurch.org for more information!



# "The goal in marriage is not to think alike, but to think together."

ROBERT C. DODDS

## Fill in the Blank







📍 San Juan Capistrano - 60,000 square

- Prime Hot Pot Tustin District
   Yu Cake South Coast Plaza
   Shake Shack 17th Street, Costa Mesa
   Kei Coffee House Fountain Valley
   Chaupain Bakery Newport Beach

- ? Anaheim
- Sugo Pizza 🕆 Costa Mesa
- Oliver's Trattoria 📍 Irvine
- And Broth † Santa Ana
- Hanshin Pocha Pirvine

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