

Series:What would Jesus say...Title:To a person sufferingSpeaker:Christine Caine | Teaching PastorDate:Apr 4,6/7

After this, a Jewish festival took place, and Jesus went up to Jerusalem. By the Sheep Gate in Jerusalem there is a pool, called Bethesda in Aramaic, which has five colonnades. Within these lay a large number of the disabled—blind, lame, and paralyzed.

One man was there who had been disabled for thirty-eight years. When Jesus saw him lying there and realized he had already been there a long time, he said to him, "Do you want to get well?"

"Sir," the disabled man answered, "I have no one to put me into the pool when the water is stirred up, but while I'm coming, someone goes down ahead of me."

"Get up," Jesus told him, "pick up your mat and walk." Instantly the man got well, picked up his mat, and started to walk.

Now that day was the Sabbath, and so the Jews said to the man who had been healed, "This is the Sabbath. The law prohibits you from picking up your mat."

He replied, "The man who made me well told me, 'Pick up your mat and walk."

"Who is this man who told you, 'Pick up your mat and walk'?" they asked. But the man who was healed did not know who it was, because Jesus had slipped away into the crowd that was there.

After this, Jesus found him in the temple and said to him, "See, you are well. Do not sin anymore, so that something worse doesn't happen to you." The man went and reported to the Jews that it was Jesus who had made him well. Therefore, the Jews began persecuting Jesus because he was doing these things on the Sabbath. (John 5:1-16)

We can't change the past, but we can change the future.

Reflection Question: Where do you need to experience healing and transformation in your life?