

Open your eyes to the lies.

Love your people.

Title:	Making the most of your relationships
Series:	Life
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As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her." (Luke 10:38-42)

- 1. Busyness often begins with good intentions.
- 2. We get distracted from what's most important.
- 3. Pressure appears.
- 4. Resentment follows.

"Teacher, which is the greatest commandment in the Law?" Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments." (Matthew 22:36-40)

Reflection Question:

Where can you "choose better" in your relationships this week?