

Prayer Experience for Life Groups #4
Outdoor Experience: The Wonder of God in Creation

30min Group Preparation

- Remind them to turn their phone off for the entire prayer experience
- Read Genesis 1 over your group
- Ask the group to speak our words of thanksgiving to God for his marvelous creation
- Say a prayer over the group before heading into Individual Prayer
- Move into a space with fewer interruptions

60min Individual Prayer

In prayer we are led by the Holy Spirit to look deeper in. Deeper into the heart of God, deeper into the truth of His word and deeper into our own hearts as we draw near to Him. Take time to allow him to speak by His word and by His Spirit as you journey deeper in.

Read: Don't give in to the temptation to simply glance over the following passages. Some of which may be very familiar to you. Take time to read them and in turn allow them to read you. You may find it helpful to read each passage a few times pausing each time before reading and asking God to speak the truth of each word to your heart.

Reflect: After reading allow time and space to reflect or ponder in your heart what you have just read. Allow God's word to become His word to you and illuminate the deep truth of the text by the Holy Spirit.

Pray: After you've read and reflected on the passage move on to prayer. Through your spoken and written word and dedicate the truth of His word to Him in your heart.

Contemplate: Then contemplate on the truth of what has been revealed through his word. God speaks... take time, listen, wait and rest in the reality of His presence and the fullness of His love.

Scripture: Psalm 8

Silent Reflection

Responsive Prayer/Journaling

Debrief and Meal

Take time to debrief the experience, over a meal together if possible. Share how you heard God's voice and what this focused prayer time meant to you. And how it affected you.