

I AM AFRAID / GOD IS ABOVE

The fear of mankind is a snare, but the one who trusts in the LORD is protected. (Proverbs 29:25)

The fear of the LORD is a fountain of life, turning people away from the snares of death. (Proverbs 14:27)

1. Fear of failure
2. Fear of being weak (or not being enough)
3. Fear of rejection
4. Fear of not providing

But Moses said to the people, “Don’t be afraid. Stand firm and see the LORD’s salvation that he will accomplish for you today; for the Egyptians you see today, you will never see again. The LORD will fight for you, and you must be quiet.” (Exodus 14:13-14)

Don’t fear those who kill the body but are not able to kill the soul; rather, fear him who is able to destroy both soul and body in hell. Aren’t two sparrows sold for a penny? Yet not one of them falls to the ground without your Father’s consent. But even the hairs of your head have all been counted. So don’t be afraid; you are worth more than many sparrows. (Matthew 10:28-31)

Fight fear with Fear.

“Let us then fear that we may not fear.” (Augustine)

NOTES:

Reflection Question:
What is keeping you from putting your trust and confidence in God?

Scripture from the CSB unless noted.