

OVERVIEW:

He Grieves (Ephesians 4:30-32)

Because the Spirit lives within us, when we live for ourselves we grieve the Spirit within us. Instead of grieving Him, we are to cooperate with Him and allow Him to impact all aspects of our lives.



LEAN IN: BREAK THE ICE

What are some silly/annoying habits you know you should probably quit?



LOOK AT GOD'S WORD

Read Ephesians 4:30-32 What do you learn about the antidote to grieving the Spirit?



LOOK OUT:

IDENTIFY THE RELEVANCE OF GOD'S WORD IN THE WORLD

How would you describe a person who lives secure in who they are? How about a person who lives unsure of who they are? Where have you seen it?



Where in your life do you experience a pull towards your old nature? What do you need to be reminded of today to fight against that pull?

> LEADER PODCAST