

HE FILLS

Pay careful attention, then, to how you walk—not as unwise people but as wise—making the most of the time, because the days are evil. So don't be foolish, but understand what the Lord's will is. And don't get drunk with wine, which leads to reckless living, but be filled by the Spirit: speaking to one another in psalms, hymns, and spiritual songs, singing and making music with your heart to the Lord, giving thanks always for everything to God the Father in the name of our Lord Jesus Christ, submitting to one another in the fear of Christ. (Ephesians 5:15-21)

Teach us to number our days carefully so that we may develop wisdom in our hearts. (Psalm 90:12)

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**You don't get more of the Spirit,
the Spirit gets more of you.**

They are a nation without sense, there is no discernment in them. If only they were wise and would understand this and discern what their end will be! (Deuteronomy 32:28-29 NIV)

"Do we lose our life? Ah no, we gain a better far; for remember that we live to die, we die to live, and then are live to die no more."
(Charles Spurgeon)

Reflection Question:

How is the Spirit inviting you to give more of yourself to Him today?

Scripture from the CSB unless noted.