

YOU HAVE EVERYTHING YOU NEED

The power of gratitude

What is the one thing no one has? _____

- Why we don't have it:
 "Did God really say...?" "You won't die!...**your eyes will be opened**...you will be **like God**..." The woman was convinced...**she wanted** the wisdom it would give her... (Genesis 3:1,4-6)
- But what if...
 They ended up calling the place Kibroth Hattaavah (Graves-of-the-Craving). There they buried the people who craved meat. (Numbers 11:34 MSG)

He gave them exactly what they asked for—but along with it they got an **empty heart**. (Psalm 106:15 MSG)

God's solution...gratitude

Give thanks to the LORD, for he is good! His faithful love endures forever. Psalm 136:1

What percentage of people are grateful? _____ (Luke 17)
 Jesus asked, "Didn't I heal ten men? Where are the other nine?" (Luke 17:17)

Becoming a grateful person

The password into God's presence: _____
 Enter with the password: "**Thank you!**" (Psalm 100:4 MSG)

Leading spiritual indicator: _____
 Yes, they knew God, but they wouldn't worship him as God or even **give him thanks**. And they began to think up foolish ideas of what God was like. As a result, their minds became dark and confused. (Romans 1:21)

Thankfulness: _____
 ...pray continually. **Give thanks** in all circumstances, for this is God's will for you in Christ Jesus. (1Thessalonians 5:17-18 NIV)

"I want what I have; it couldn't be better."

Contentment: _____
 ...I have **learned** how to be content with whatever I have. (Philippians 4:11)

"I don't need it."

This is the day the LORD has made. We will rejoice and be glad in it...**Give thanks** to the LORD, for he is good! His faithful love endures forever. (Psalm 118:24,29)

Do not be anxious about anything, but in every situation, by prayer and petition, **with thanksgiving**, present your requests to God. And the **peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7 NIV)

The life you always wanted...thankful

Let all that I am praise the LORD; with my whole heart, I will praise his holy name. Let all that I am praise the LORD; may I **never forget** the good things he does for me. (Psalm 103:1-2)

- _____ • _____ • _____
- _____ • _____ • _____
- _____ • _____ • _____

Reflection Questions:
 What are you grateful for? List six things for which you are grateful.
 Who will you share your list with?