

YOU HAVE A FATHER

No one can serve two masters, since either he will hate one and love the other, or he will be devoted to one and despise the other. You cannot serve both God and money.

Therefore I tell you: *Don't worry about your life*, what you will eat or what you will drink; or about your body, what you will wear. Isn't life more than food and the body more than clothing? Consider the birds of the sky: They don't sow or reap or gather into barns, yet your heavenly Father feeds them. Aren't you worth more than they? Can any of you add one moment to his life span by worrying? And why do you worry about clothes? Observe how the wildflowers of the field grow: They don't labor or spin thread. Yet I tell you that not even Solomon in all his splendor was adorned like one of these. If that's how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won't he do much more for you—you of little faith? *So don't worry*, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. But seek first the kingdom of God and his righteousness, and all these things will be provided for you. Therefore *don't worry about tomorrow*, because tomorrow will worry about itself. Each day has enough trouble of its own." (Matthew 6:24-34)

Fill your mind with wonder, not with worry.

"If God is exalted, 1000 problems are solved all at once." A.W. Tozer

NOTES:

Reflection Question:

Where is God inviting you to fight worry with wonder?

Scripture from the CSB unless noted.