MY ANXIOUS THOUGHTS • mariners church

YOU HAVE A WEAPON

Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus. (Philippians 4:6-7)

"Peace I leave with you. My peace I give to you. I do not give to you as the world gives. Don't let your heart be troubled or fearful." (John 14:27)

"Don't let your heart be troubled. Believe in God; believe also in me." (John 14:1)

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Reflection Question:

How have you experienced God's peace as a weapon to worry?

Scripture from the CSB unless noted.