

JESUS IS BETTER

While they were traveling, he entered a village, and a woman named Martha welcomed him into her home. She had a sister named Mary, who also sat at the Lord's feet and was listening to what he said. But Martha was distracted by her many tasks, and she came up and asked, "Lord, don't you care that my sister has left me to serve alone? So tell her to give me a hand." The Lord answered her, "Martha, Martha, you are worried and upset about many things, but one thing is necessary. Mary has made the right choice, and it will not be taken away from her." (Luke 10:38-42)

Don't only listen to your anxious thoughts, lead your anxious thoughts to Jesus.

My flesh and my heart may fail, but God is the strength of my heart, my portion forever. (Psalm 73:26)

NOTES:

Reflection Question:

What's an anxious thought you need to lead to Jesus this week?

Scripture from the CSB unless noted.