

GUARD YOUR HEART

My son, pay attention to my words;
listen closely to my sayings.
Don't lose sight of them;
keep them within your heart.
For they are life to those who find them,
and health to one's whole body.
Guard your heart above all else,
for it is the source of life.
Don't let your mouth speak dishonestly,
and don't let your lips talk deviously.
Let your eyes look forward;
fix your gaze straight ahead.
Carefully consider the path for your feet,
and all your ways will be established.
Don't turn to the right or to the left;
keep your feet away from evil.
Proverbs 4:20-27

1. Your path directs your heart.
2. Your path reflects your heart.

A good person produces good out of the good stored up in his heart. An evil person produces evil out of the evil stored up in his heart, for his mouth speaks from the overflow of the heart. Luke 6:45

For from the heart come evil thoughts, murders, adulteries, sexual immoralities, thefts, false testimonies, slander. Matthew 15:19

I will give them integrity of heart and put a new spirit within them; I will remove their heart of stone from their bodies and give them a heart of flesh, so that they will follow my statutes, keep my ordinances, and practice them. They will be my people, and I will be their God.
Ezekiel 11:19-20

The one who believes in me, as the Scripture has said, will have streams of living water flow from deep within him. John 7:38

If you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. Romans 10:9

Reflection Question:

What is your heart reflecting to you about the path you're currently on?

Scripture from the CSB unless noted.