## THE ART OF SKILLFUL LIVING • mariners church

# **FRET NOT**

Do not be agitated by evildoers; do not envy those who do wrong. For they wither quickly like grass and wilt like tender green plants. Psalm 37:1-2

"Biblical orthodoxy without compassion is surely the ugliest thing in the world." Francis Schaeffer

## 1. Look up to your Reward

Trust in the LORD and do what is good; dwell in the land and live securely.

Take delight in the LORD, and he will give you your heart's desires.

Commit your way to the LORD; trust in him, and he will act, making your righteousness shine like the dawn, your justice like the noonday.

Psalm 37:3-6

The little that the righteous person has is better than the abundance of many wicked people. Psalm 37:16

"He who has God and everything else has no more than he who has God only." CS Lewis

#### 2. Look ahead to your reward

The LORD watches over the blameless all their days, and *their inheritance will last forever*.

Psalm 37:18

I have seen a wicked, violent person well-rooted, like a flourishing native tree.

Then I passed by and noticed he was gone;
I searched for him, but he could not be found.

Watch the blameless and observe the upright, for the person of peace will have a future.

But transgressors will all be eliminated; the future of the wicked will be destroyed.

The salvation of the righteous is from the LORD, their refuge in a time of distress.

The LORD helps and delivers them; he will deliver them from the wicked and will save them because they take refuge in him.

Psalm 37:35-40

For we do not have an enduring city here; instead, we seek the one to come. Hebrews 13:14

"Wrong will be right, when Aslan comes in sight,
At the sound of his roar, sorrows will be no more,
When he bares his teeth, winter meets its death,
And when he shakes his mane, we shall have spring again."
CS Lewis, Chronicles of Narnia

#### Reflection Question:

Where do you struggle to believe that God's rewards are enough?

Scripture from the CSB unless noted.