

HOW TO COMPLAIN TO GOD

A Maskil of David. When he was in a cave. A prayer. Prescript to Psalm 142

I cry aloud to the LORD; I plead aloud to the LORD for mercy. I pour out my complaint before him; I reveal my trouble to him. Psalm 142:1-2

Although my spirit is weak within me, you know my way. Along this path I travel they have hidden a trap for me. Look to the right and see: no one stands up for me; there is no refuge for me; no one cares about me. I cry to you, LORD; I say, "You are my shelter, my portion in the land of the living." Listen to my cry, for I am very weak. Rescue me from those who pursue me, for they are too strong for me. Free me from prison so that I can praise your name. The righteous will gather around me because you deal generously with me. Psalm 142:3-7

The entire Israelite community grumbled against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the LORD's hand in the land of Egypt, when we sat by pots of meat and ate all the bread we wanted. Instead, you brought us into this wilderness to make this whole assembly die of hunger!" Exodus 16:2-3

1. Complain about the context; not the Lord's character.
2. View the Lord as your portion; not your prosecutor.

Scripture from the CSB unless noted.