

CONFIDENCE IN CRISIS

I cry aloud to God, aloud to God, and he will hear me. I sought the Lord in my day of trouble. My hands were continually lifted up all night long; I refused to be comforted. I think of God; I groan; I meditate; my spirit becomes weak. You have kept me from closing my eyes; I am troubled and cannot speak. I consider days of old, years long past. At night I remember my music; I meditate in my heart, and my spirit ponders. "Will the Lord reject forever and never again show favor? Has his faithful love ceased forever? Is his promise at an end for all generations? Has God forgotten to be gracious? Has he in anger withheld his compassion?"
Psalm 77:1-9

I will remember the LORD's works; yes, I will remember your ancient wonders. I will reflect on all you have done and meditate on your actions.
Psalm 77:11-12

1. When we see what God did in the past, we see who God is in the present.

God, your way is holy. What god is great like God? You are the God who works wonders; you revealed your strength among the peoples. With power you redeemed your people, the descendants of Jacob and Joseph.
Psalm 77:13-15

"If you look at the world, you'll be distressed. If you look within, you'll be depressed. If you look at God you'll be at rest." (Corrie Ten Boom)

2. Preach the gospel to yourself.

"The same everlasting Father who cares for you today will take care of you tomorrow, and every day. He will shield you from suffering, or He will give you unfailing strength to bear it." (St. Francis de Sales)

Scripture from the CSB unless noted.