

SEPT 2023

MARINERS CHURCH

MARRIAGE MINISTRY

NEXT STEPS

NIGHT OF WORSHIP
 with Matt Redman
 9/23



• WEEKEND SERIES: •
LOSING IT! OVERCOMING THE GRIP
OF ANGER
9/9 - 10/8



• MEN'S BREAKFAST • OCTOBER 7



• MARRIAGE MATTERS • OCTOBER 21



SAVE THE DATE!

OCT 21 • NOV 18

NOTE FROM DOUG

Hey friends!

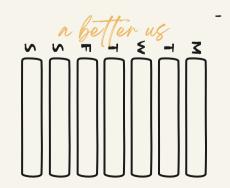
I'm so THRILLED to be back at Marriage Matters after our summer break! And, I'm beyond THRILLED that you're here tonight.

If this is your first time [cue celebratory music]... welcome! I'm pretty confident you'll have a good experience and we'll see you again next month. The confidence comes from the fact that the couples who come to Marriage Matters keep coming back because tonight "scratches an itch" for most marriages. There's no such thing as a perfect marriage, but there is always hope for a Better US. So, first-timer... welcome and know that I'd love to meet you (if we can find each other in the crowd).

If you're a returnee... yippee [sound the music]. I'm so grateful for you and the fact that you care about your marriage. I think you'll find tonight a compelling picture of where we're going this year during our sessions together. I'm pretty darn excited about tonight and the next 7 Marriage Matters.

Make sure to get the dates on your calendar, protect those nights, arrange the baby-sitting and LET'S GO!

I've been praying for the couples who are coming tonight... welcome!



Hong



OUR MARRIAGE MATTERS

GET OUTside!

Sometimes a day out of the house is a must! Grab your hunny's hand and take them to one of these spots below.

- Hiking and Biking Trails alltrails.com
- Kayaking
- Paddle boarding
- 1000 Steps Beach 📍 Laguna Beach
- Pirate Sea Cove Tide Pool Walk
- Western Line Dancing † The Rach Saloon, Anaheim
- K1 Speedway
- **Axe Throwing** ? Stumpy's Hatchet House
- Horseback Riding Orange County cities
- Indoor Rock Climbing ? Santa Ana, Costa Mesa, Orange
- Island Golf Center
- Archery 📍 Missin Viejo, Santa Ana
- Aerial Yoga 📍 Fountain Valley

KEEP TALKING

Take a walk and use these convo starters with your spouse:

- 1. If you had a chance to change someone's life who would it be and why?
- 2. What is something that we rarely talk about?
- 3. Where's one place you would love to go and why?
- 4. Which friends positively impact your life? Which do not?
- 5. Which couple do you look up to and why?
- 6. In which neighborhood would you most like to live?
- 7. What things in life make you the most unhappy?
- 8. What do you love most about my personality?





ONE MINUTE MARRIAGE CHALLENGE

Tell your spouse 5 things you appreciate about them.

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