

SHUT UP AND DANCE

Psalm 150

What is your style?

Worship God likes

God is spirit, and his worshipers must worship in the **Spirit** and in **truth**. John 4:24

The where of praise

Praise the Lord. Praise God in his **sanctuary**; praise him in his **mighty heavens**. Psalm 150:1

The why of praise

Praise him for his **acts of power**; praise him for his **surpassing greatness**. Psalm 150:2

The how of praise

Praise him with the sounding of the trumpet, praise him with the harp and lyre, praise him with timbrel and dancing, praise him with the strings and pipe, praise him with the clash of cymbals, praise him with resounding cymbals. Psalm 150:3-5

- **Hallel: to boast in, celebrate, rave, be clear**

I will exalt you, my God the King; I will praise your name for ever and ever. Every day I will praise you and extol your name for ever and ever. Great is the Lord and most worthy of praise; his greatness no one can fathom. Psalm 145:1-3

Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever. Psalm 106:1

- **Yadhah: to praise with extended hands in thankfulness**

Lift up your hands in the sanctuary and praise the Lord. Psalm 134:2

Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits. Psalm 103:1-2

- **Barak: to praise by kneeling and bowing**

When all the people saw this, they fell prostrate and cried, "The Lord—he is God! The Lord—he is God!" 1 Kings 18:39

Come, let us bow down in worship, let us kneel before the Lord our Maker. Psalm 95:6

Worship God likes (cont.)

The how of praise

- **Zamar: to clap, sing, dance and play with a joyful expression**

They celebrate your abundant goodness and joyfully sing of your righteousness. Psalm 145:7

Let them praise his name with dancing and make music to him with timbrel and harp. Psalm 149:3

- **Shabach: to shout**

Shout for joy to the Lord, all the earth, burst into jubilant song with music. Psalm 98:4

- **Towdah: to lift hands in confession, surrender, adoration**

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin...you will protect me from trouble and surround me with songs of deliverance. Psalm 32:5,7

Because your love is better than life, my lips will glorify you. I will praise you as long as I live, and in your name I will lift up my hands. Psalm 63:3,4

- **Tehillah: exuberant singing**

Worship the Lord with gladness; come before him with joyful songs. Know that the Lord is God. It is he who made us, and we are his; we are his people... Psalm 100:2,3

The Who of praise

Let **everything** that has breath praise the Lord. Praise the Lord. Psalm 150:6

Wake up

*My heart, O God, is steadfast, my heart is steadfast; I will sing and make music. **Awake, my soul! Awake**, harp and lyre! I will awaken the dawn. I will praise you, Lord, among the nations; I will sing of you among the peoples. For great is your love, reaching to the heavens; your faithfulness reaches to the skies. Be exalted, O God, above the heavens; let your glory be over all the earth. Psalm 57:7-11*